NE CAND YOGA RETREAT WECAMP SANTA CRISTINA 9,10 & 11 JUNE

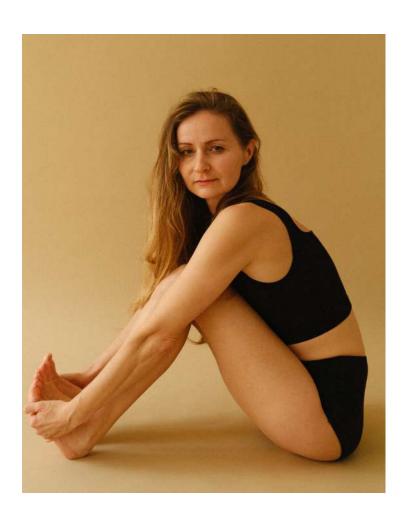
# JIVAMUKTI & YIN YOGA RETREAT



Enjoy a weekend of yoga and nature at wecamp Santa Cristina, comfort, design and sustainability in the open air. A yoga and glamping retreat with Karina Gusalova, advanced certified Jivamukti teacher. Karina has been teaching yoga since 2012 and is passionate about yoga philosophy and practice, mobility, yin yoga, psychology (currently studying at the Gestalt Institute), poetry, storytelling and meditation, among others.

wecamp Santa Cristina is located in the heart of the Costa Brava, three kilometres from the beach and surrounded by the forests and massifs of the Baix Empordà. It has unique accommodation such as glamping tents, lodges and mobile homes. It also has a restaurant with a vegan menu and a swimming pool surrounded by native vegetation.

# Live the glamping experience in a weekend of **yoga and nature** with Karina Gusalova



# NE CAND











# When

friday 9, saturday 10 and sunday 11 june



# Where

At wecamp Santa Cristina

# **Timetable**

**Arrival** Friday 9th June. You can arrive from 15:00h and enjoy your accommodation, the swimming pool and all the facilities.

FRIDAY 09/06	SUNDAY 11/06
18:00h - 19:30h Restructive Yoga	08:30h - 09:00h Meditation and prana- yama 09:00h - 10:30h Jivamukti Open Class
20:00h Dinner	
21:00h Introductory circle	
SATURDAY 10/06	10:30h - 11:15h Restorative yoga and closure
08:30h - 09:00h Meditation and prana- yama	11:30h Brunch
09:00h - 11:00h Jivamukti Open Class	
11:15h Brunch	
15:00h Snacks	
16:00h - 17:30h Natural cosmetics workshop: making bath salts and relaxing oil	
18:00h - 19:30h Restructive Yoga	
20:00h Dinner	
22:00h Satsang (time to share)	

# Food.

All our menus are vegan. The gastronomic offer will be based on local products from the area. Simple and quality proposals. You can enjoy dinners, brunches and snacks, and if you have any food allergies, please inform us in advance once you have made your reservation.



# Alojamientos.

#### MEMORABLE STAYS FOR EACH GUEST

wecamp Santa Cristina has redesigned the classic camping tents to create spacious accommodation for families, couples and groups of friends.

### **CABIN TENT**

A version of the classic Canadian tent where you can look up at the stars. No need to sleep on the floor and with all the comforts of a hotel. wecamp has reinterpreted the gable tent, but with a minimalist interior design for a unique and comfortable experience. There is no bathroom or kitchen.

More information on accommodation

#### **BELL TENT**

For those who miss bringing their own tent we have this accommodation that allows you to enjoy the most authentic wecamp style camping experience. There is no bathroom or kitchen.

More information on accommodation

# **GLAMPING COUPLE**

Located in the adults-only area, this tent is designed for couples looking for undisturbed relaxation. It is surrounded by nature. Comfortable and discreet with private bathroom.

More information on accommodation

# **LODGE FAMILY**

Authenticity and comfort for families and groups. The lodges have been redesigned to create very spacious accommodation. It has two bedrooms that can accommodate between four and six guests, a dressing room, air conditioning, equipped kitchen, private bathroom and a spacious terrace.

More information on accommodation

# Price packs.

### INDIVIDUAL PACKS

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Glamping Couple + Yoga + Menu + workshop 409€/person Cabin Tent + Yoga + Menu + workshop 349€/person Bell Tent + Yoga + Menu + workshop 349€/person Lodge Family + Yoga + Menu + workshop 440€/person

## **COUPLES PACKS**

Glamping Couple + Yoga + Menu + workshop 337€/person Cabin Tent + Yoga + Menu + workshop 292€/person Bell Tent + Yoga + Menu + workshop 292€/person Lodge Family + Yoga + Menu + workshop 353€/person

### **GROUP PACKS**

Lodge Family + Yoga + Menu + workshop 308€/person

# **YOGA DAY PASS**

Yoga + Brunch + Natural cosmetics workshop 60€/person

# **HOW TO ARRIVE**



Our campsite is located two kilometres from Santa Cristina d'Aro, a municipality in the Baix Empordà, in the province of Girona, and can be reached quickly and easily by car.

From Barcelona, take exit 9 to Maçanet de la Selva.

The nearest train station is Caldes de Malavella, 17 km from Santa Cristina d'Aro, which can be reached by bus or private transport.

#### **Ubication link**







#### For more information:

Experiences and Events Department events@wecamp.net / Tel. 936 09 30 99 https://wecamp.net/

KARINA GUSALOVA karinagusalova@gmail.com Tel. 618 20 45 05

#### For more information:

WECAMP SANTA CRISTINA
Crta. Sant Feliu, km. 1.8,
17246 Santa Cristina d'Aro, Girona.
T. (+34) 972 837 753
direccion@santacristina.wecamp.net
www.santacristina.wecamp.net







